

Germantown School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

KMS Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/01/2020																
KMS Breakfast	Total	25														
Muffin, Dbl Choc Chunk IW WG +	1 Muffin	25	180	10	105	2.00	1.44	20.0	0	0.0	14	3.0	27.0	6.0	1.05	0.00
Yogurt, Dan Danimals StrawBan+	4 oz Cup	25	70	5	60	0.00	0.00	150.0	0	0.0	10	4.0	14.0	0.0	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	25	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			406	21	342	2.00	1.44	470.0	500	2.16	*50	15.27	70.79	6.30	1.23	0.00
% of Calories											*49.4%	15.0%	69.8%	14.0%	2.7%	0.0%
Nutrient Guideline			400-550		600											<10.00

Wed - 09/02/2020																
KMS Breakfast	Total	25														
Waffles, Blueberry Mini Pills+	Package	25	200	0	170	3.00	0.72	0.0	0	0.0	10	4.0	36.0	6.0	1.00	0.00
Syrup, Gordon Choice Cup Skip+	1 Cup	25	120	0	30	0.00	0.00	0.0	0	0.0	19	0.0	31.0	0.0	0.00	0.00
String Cheese	1 Piece	20	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			523	17	463	3.00	0.78	405.8	517	1.92	*52	16.55	93.94	10.78	4.02	*0.00
% of Calories											*39.8%	12.7%	71.9%	18.6%	6.9%	*0.0%
Nutrient Guideline			400-550		600											<10.00

Thu - 09/03/2020																
KMS Breakfast	Total	25														
Donut, Plain, Spr Bkry \$	Donut	25	250	5	250	0.00	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Goldfish Cinn Graham - Lg, PF+	1 package	25	120	0	140	1.00	1.80	80.0	0	0.0	7	1.0	19.0	4.0	1.00	0.00
Applesauce - 4.5 oz Cup, Cmdty	4.5 oz cup	20	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.01	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	15	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			533	10	533	1.80	7.44	524.0	2428	32.64	*52	12.76	82.47	15.32	4.15	0.00
% of Calories											*39.0%	9.6%	61.9%	25.9%	7.0%	0.0%
Nutrient Guideline			400-550		600											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Germantown School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

KMS Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/04/2020																
KMS Breakfast	Total	25														
Egg & Cheese EM Sand, WG, AP+	1 Sandwich	25	210	75	390	2.00	1.44	150.0	750	1.2	1	9.0	24.0	8.0	3.50	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			344	80	534	2.00	1.44	390.0	1150	3.12	*24	15.67	50.07	8.24	3.64	0.00
% of Calories											*27.9%	18.2%	58.2%	21.5%	9.5%	0.0%
Nutrient Guideline			400-550		600											<10.00

Tue - 09/08/2020																
KMS Breakfast	Total	25														
Muffin, Dbl Choc Chunk IW WG +	1 Muffin	25	180	10	105	2.00	1.44	20.0	0	0.0	14	3.0	27.0	6.0	1.05	0.00
Yogurt, Dan Danimals StrawBan+	4 oz Cup	25	70	5	60	0.00	0.00	150.0	0	0.0	10	4.0	14.0	0.0	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	25	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			406	21	342	2.00	1.44	470.0	500	2.16	*50	15.27	70.79	6.30	1.23	0.00
% of Calories											*49.4%	15.0%	69.8%	14.0%	2.7%	0.0%
Nutrient Guideline			400-550		600											<10.00

Wed - 09/09/2020																
KMS Breakfast	Total	25														
Waffles, Blueberry Mini Pills+	Package	25	200	0	170	3.00	0.72	0.0	0	0.0	10	4.0	36.0	6.0	1.00	0.00
Syrup, Gordon Choice Cup Skip+	1 Cup	25	120	0	30	0.00	0.00	0.0	0	0.0	19	0.0	31.0	0.0	0.00	0.00
String Cheese	1 Piece	20	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			523	17	463	3.00	0.78	405.8	517	1.92	*52	16.55	93.94	10.78	4.02	*0.00
% of Calories											*39.8%	12.7%	71.9%	18.6%	6.9%	*0.0%
Nutrient Guideline			400-550		600											<10.00

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KMS Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/10/2020																
KMS Breakfast	Total	25														
Donut, Plain, Spr Bkry \$	Donut	25	250	5	250	0.00	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Goldfish Cinn Graham - Lg, PF+	1 package	25	120	0	140	1.00	1.80	80.0	0	0.0	7	1.0	19.0	4.0	1.00	0.00
Applesauce - 4.5 oz Cup, Cmdty	4.5 oz cup	20	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.01	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	15	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			533	10	533	1.80	7.44	524.0	2428	32.64	*52	12.76	82.47	15.32	4.15	0.00
% of Calories											*39.0%	9.6%	61.9%	25.9%	7.0%	0.0%
Nutrient Guideline			400-550		600											<10.00

Fri - 09/11/2020																
KMS Breakfast	Total	25														
Egg & Cheese EM Sand, WG, AP+	1 Sandwich	25	210	75	390	2.00	1.44	150.0	750	1.2	1	9.0	24.0	8.0	3.50	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			344	80	534	2.00	1.44	390.0	1150	3.12	*24	15.67	50.07	8.24	3.64	0.00
% of Calories											*27.9%	18.2%	58.2%	21.5%	9.5%	0.0%
Nutrient Guideline			400-550		600											<10.00

Mon - 09/14/2020																
KMS Breakfast	Total	25														
Breakfast Kit - Apple Jacks	Kit	25	270	0	245	6.00	4.32	200.0	1150	72.0	4	0.0	58.0	4.0	1.50	0.00
String Cheese	1 Piece	23	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	25	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			457	20	549	6.00	4.38	690.7	1785	73.20	*20	14.77	77.59	9.52	4.98	*0.00
% of Calories											*17.3%	12.9%	68.0%	18.8%	9.8%	*0.0%
Nutrient Guideline			400-550		600											<10.00

Tue - 09/15/2020																
KMS Breakfast	Total	25														
Muffin, Dbl Choc Chunk IW WG +	1 Muffin	25	180	10	105	2.00	1.44	20.0	0	0.0	14	3.0	27.0	6.0	1.05	0.00
Yogurt, Dan Danimals StrawBan+	4 oz Cup	25	70	5	60	0.00	0.00	150.0	0	0.0	10	4.0	14.0	0.0	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	25	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00

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Base Menu Spreadsheet

KMS Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			406	21	342	2.00	1.44	470.0	500	2.16	*50 *49.4%	15.27 15.0%	70.79 69.8%	6.30 14.0%	1.23 2.7%	0.00 0.0%
Nutrient Guideline			400-550		600											<10.00

Wed - 09/16/2020																	
KMS Breakfast	Total	25															
Waffles, Blueberry Mini Pills+ Syrup, Gordon Choice Cup Skip+ String Cheese	Package 1 Cup 1 Piece	25 25 20	200 120 86	0 0 15	170 30 150	3.00 0.00 0.00	0.72 0.00 0.07	0.0 0.0 207.2	0 0 147	0.0 0.0 0.0	10 19 *N/A*	4.0 0.0 7.36	36.0 31.0 1.09	6.0 0.0 5.68	1.00 0.00 3.59	0.00 0.00 *N/A*	
Juice, Cup, Assorted \$ Milk, SKIP - AVG - PF SKIP+	1 - 4 oz Cu 8 oz Carton	20 20	60 108	0 6	13 166	0.00 0.00	0.00 0.00	0.0 300.0	0 500	1.2 1.2	13 *16	0.33 8.0	14.0 18.59	0.0 0.3	0.00 0.18	0.00 0.00	
Weighted Daily Average % of Calories			523	17	463	3.00	0.78	405.8	517	1.92	*52 *39.8%	16.55 12.7%	93.94 71.9%	10.78 18.6%	4.02 6.9%	*0.00 *0.0%	
Nutrient Guideline			400-550		600											<10.00	

Thu - 09/17/2020																	
KMS Breakfast	Total	25															
Donut, Plain, Spr Bkry \$ Goldfish Cinn Graham - Lg, PF+ Applesauce - 4.5 oz Cup, Cmdty Juice, Cup, Assorted \$ Milk, SKIP - AVG - PF SKIP+	Donut 1 package 4.5 oz cup 1 - 4 oz Cu 8 oz Carton	25 25 20 15 20	250 120 51 60 108	5 0 0 0 6	250 140 2 13 166	0.00 1.00 1.00 0.00 0.00	5.40 1.80 0.30 0.00 0.00	200.0 80.0 5.0 0.0 300.0	2000 0 35 0 500	30.0 0.0 1.2 1.2 1.2	15 7 12 13 *16	5.0 1.0 0.2 0.33 8.0	29.0 19.0 14.0 14.0 18.59	11.0 4.0 0.1 0.0 0.3	3.00 1.00 0.01 0.00 0.18	0.00 0.00 0.00 0.00 0.00	
Weighted Daily Average % of Calories			533	10	533	1.80	7.44	524.0	2428	32.64	*52 *39.0%	12.76 9.6%	82.47 61.9%	15.32 25.9%	4.15 7.0%	0.00 0.0%	
Nutrient Guideline			400-550		600											<10.00	

Fri - 09/18/2020																	
KMS Breakfast	Total	25															
Egg & Cheese EM Sand, WG, AP+ Juice, Cup, Assorted \$ Milk, SKIP - AVG - PF SKIP+	1 Sandwich 1 - 4 oz Cu 8 oz Carton	25 20 20	210 60 108	75 0 6	390 13 166	2.00 0.00 0.00	1.44 0.00 0.00	150.0 0.0 300.0	750 0 500	1.2 1.2 1.2	1 13 *16	9.0 0.33 8.0	24.0 14.0 18.59	8.0 0.0 0.3	3.50 0.00 0.18	0.00 0.00 0.00	
Weighted Daily Average % of Calories			344	80	534	2.00	1.44	390.0	1150	3.12	*24 *27.9%	15.67 18.2%	50.07 58.2%	8.24 21.5%	3.64 9.5%	0.00 0.0%	
Nutrient Guideline			400-550		600											<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/21/2020																
KMS Breakfast	Total	25														
Breakfast Kit - Apple Jacks	Kit	25	270	0	245	6.00	4.32	200.0	1150	72.0	4	0.0	58.0	4.0	1.50	0.00
String Cheese	1 Piece	22	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	25	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			453	20	543	6.00	4.38	682.4	1779	73.20	*20	14.48	77.54	9.30	4.84	*0.00
% of Calories											*17.4%	12.8%	68.4%	18.5%	9.6%	*0.0%
Nutrient Guideline			400-550		600											<10.00

Tue - 09/22/2020																
KMS Breakfast	Total	25														
Muffin, Dbl Choc Chunk IW WG +	1 Muffin	25	180	10	105	2.00	1.44	20.0	0	0.0	14	3.0	27.0	6.0	1.05	0.00
Yogurt, Dan Danimals StrawBan+	4 oz Cup	25	70	5	60	0.00	0.00	150.0	0	0.0	10	4.0	14.0	0.0	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	25	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			406	21	342	2.00	1.44	470.0	500	2.16	*50	15.27	70.79	6.30	1.23	0.00
% of Calories											*49.4%	15.0%	69.8%	14.0%	2.7%	0.0%
Nutrient Guideline			400-550		600											<10.00

Wed - 09/23/2020																
KMS Breakfast	Total	25														
Waffles, Blueberry Mini Pills+	Package	25	200	0	170	3.00	0.72	0.0	0	0.0	10	4.0	36.0	6.0	1.00	0.00
Syrup, Gordon Choice Cup Skip+	1 Cup	25	120	0	30	0.00	0.00	0.0	0	0.0	19	0.0	31.0	0.0	0.00	0.00
String Cheese	1 Piece	20	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			523	17	463	3.00	0.78	405.8	517	1.92	*52	16.55	93.94	10.78	4.02	*0.00
% of Calories											*39.8%	12.7%	71.9%	18.6%	6.9%	*0.0%
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Thu - 09/24/2020																
KMS Breakfast	Total	25														
Donut, Plain, Spr Bkry \$	Donut	25	250	5	250	0.00	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Goldfish Cinn Graham - Lg, PF+	1 package	25	120	0	140	1.00	1.80	80.0	0	0.0	7	1.0	19.0	4.0	1.00	0.00
Applesauce - 4.5 oz Cup, Cmdty	4.5 oz cup	20	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.01	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	15	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			533	10	533	1.80	7.44	524.0	2428	32.64	*52	12.76	82.47	15.32	4.15	0.00
% of Calories											*39.0%	9.6%	61.9%	25.9%	7.0%	0.0%
Nutrient Guideline			400-550		600											<10.00

Fri - 09/25/2020																
KMS Breakfast	Total	25														
Egg & Cheese EM Sand, WG, AP+	1 Sandwich	25	210	75	390	2.00	1.44	150.0	750	1.2	1	9.0	24.0	8.0	3.50	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			344	80	534	2.00	1.44	390.0	1150	3.12	*24	15.67	50.07	8.24	3.64	0.00
% of Calories											*27.9%	18.2%	58.2%	21.5%	9.5%	0.0%
Nutrient Guideline			400-550		600											<10.00

Mon - 09/28/2020																
KMS Breakfast	Total	25														
Breakfast Kit - Apple Jacks	Kit	25	270	0	245	6.00	4.32	200.0	1150	72.0	4	0.0	58.0	4.0	1.50	0.00
String Cheese	1 Piece	18	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	25	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			440	17	519	6.00	4.37	649.2	1756	73.20	*20	13.30	77.37	8.39	4.27	*0.00
% of Calories											*18.0%	12.1%	70.4%	17.2%	8.7%	*0.0%
Nutrient Guideline			400-550		600											<10.00

Tue - 09/29/2020																
KMS Breakfast	Total	25														
Muffin, Dbl Choc Chunk IW WG +	1 Muffin	25	180	10	105	2.00	1.44	20.0	0	0.0	14	3.0	27.0	6.0	1.05	0.00
Yogurt, Dan Danimals StrawBan+	4 oz Cup	25	70	5	60	0.00	0.00	150.0	0	0.0	10	4.0	14.0	0.0	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	25	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Germantown School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

KMS Breakfast

Portion Values - Detailed

Generated on: 8/26/2020 11:27:20 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			406	21	342	2.00	1.44	470.0	500	2.16	*50	15.27	70.79	6.30	1.23	0.00
% of Calories											*49.4%	15.0%	69.8%	14.0%	2.7%	0.0%
Nutrient Guideline			400-550		600										<10.00	

Wed - 09/30/2020																
KMS Breakfast	Total	25														
Waffles, Blueberry Mini Pills+	Package	25	200	0	170	3.00	0.72	0.0	0	0.0	10	4.0	36.0	6.0	1.00	0.00
Syrup, Gordon Choice Cup Skip+	1 Cup	25	120	0	30	0.00	0.00	0.0	0	0.0	19	0.0	31.0	0.0	0.00	0.00
String Cheese	1 Piece	20	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Juice, Cup, Assorted \$	1 - 4 oz Cu	20	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF SKIP+	8 oz Carton	20	108	6	166	0.00	0.00	300.0	500	1.2	*16	8.0	18.59	0.3	0.18	0.00
Weighted Daily Average			523	17	463	3.00	0.78	405.8	517	1.92	*52	16.55	93.94	10.78	4.02	*0.00
% of Calories											*39.8%	12.7%	71.9%	18.6%	6.9%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

Weighted Average			453	29	472	2.77	2.84	478.9	1177	18.24	*42	15.02	75.54	9.85	3.41	*0.00
											*82.7%	13.3%	66.8%	19.6%	6.8%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	453		400 - 550	100%				
Cholesterol (mg)	29							
Sodium 1 (mg)	472		600					
Sodium 2 (mg)	472		535					
Fiber (g)	2.77							
Iron (mg)	2.84							
Calcium (mg)	478.9							
Vitamin A (IU)	1177							
Sugars (g)	42	36.77%			Missing			
Vitamin C (mg)	18.24							
Protein (g)	15.02	13.27%						
Carbohydrate (g)	75.54	66.77%						
Total Fat (g)	9.85	19.59%						
Saturated Fat (g)	3.41	6.77%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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