

**Germantown School District**

**Mar 2, 2020 thru Mar 31, 2020**

Base Menu Spreadsheet

KMS Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 03/02/2020</b>																
KMS Breakfast	Total	50														
Egg, Bacon* & Cheese Crsst+	1Cr/2E/1C/1Bcn	40	360	202	795	3.00	2.16	240.0	550	0.0	*4	16.5	33.0	19.0	6.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	5	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	5	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
String Cheese	1 Piece	10	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Fruit, Assorted Chilled - 4 oz	#8 spoodl e-4oz	40	65	0	7	1.38	0.42	8.3	184	3.3	*12	0.51	16.84	0.04	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	42	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	45	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average % of Calories			524	171	861	3.80	2.89	526.1	1146	5.69	*40 *30.3%	22.76 17.4%	72.43 55.3%	17.05 29.3%	6.34 10.9%	*0.00 *0.0%
Nutrient Guideline			400-550		600										<10.00	

<b>Tue - 03/03/2020</b>																
KMS Breakfast	Total	50														
Egg, Ham* & Cheese Eng Mfn+	1EM/1E/1H/1Ch	30	255	113	705	3.00	1.98	220.0	250	0.0	*3	17.0	26.5	9.0	2.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	10	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	10	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
Yogurt, Dannon Danimals- 4 oz+	4 oz Cup	15	100	4	50	0.00	0.00	100.0	500	0.0	*N/A*	3.0	20.0	0.5	0.50	0.00
Applesauce - 4.5 oz Cup, Cmdty	4.5 oz cup	38	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.01	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	42	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	45	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average % of Calories			411	74	659	3.16	3.04	467.8	937	4.92	*39 *38.1%	19.13 18.6%	69.47 67.7%	6.71 14.7%	2.08 4.6%	0.00 0.0%
Nutrient Guideline			400-550		600										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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KMS Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 03/04/2020</b>																
KMS Breakfast	Total	50														
Yogurt Parfait	1 Container	35	150	2	71	2.50	0.00	175.0	50	0.0	25	5.0	29.5	2.5	0.00	0.00
Cereal, Cinn Tst Crunch Box %	Box	8	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	7	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
Yogurt, Dannon Danimals- 4 oz+	4 oz Cup	14	100	4	50	0.00	0.00	100.0	500	0.0	*N/A*	3.0	20.0	0.5	0.50	0.00
Fruit, Assorted Chilled - 4 oz	#8 spoodl e-4oz	36	65	0	7	1.38	0.42	8.3	184	3.3	*12	0.51	16.84	0.04	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	41	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	46	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average % of Calories			358	9	277	3.20	1.51	456.5	887	5.90	*54 *59.9%	12.64 14.1%	73.07 81.6%	2.83 7.1%	0.40 1.0%	0.00 0.0%
Nutrient Guideline			400-550		600										<10.00	

<b>Thu - 03/05/2020</b>																
KMS Breakfast	Total	50														
Egg, Sausage & Cheese Crsst+	1Cst/1E/1 S/1C	32	395	118	695	3.00	2.16	220.0	450	0.0	*4	15.5	32.0	23.5	8.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	10	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	8	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
String Cheese	1 Piece	15	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Fruit, Fresh, Winter Mix	1 Piece	39	70	0	1	2.73	0.21	23.5	148	26.84	*4	0.75	18.06	0.2	0.04	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	43	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	44	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average % of Calories			516	85	702	4.61	3.01	514.1	1031	24.75	*34 *26.2%	20.40 15.8%	70.79 54.8%	17.93 31.2%	6.97 12.2%	*0.00 *0.0%
Nutrient Guideline			400-550		600										<10.00	

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

KMS Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Fri - 03/06/2020</b>																
KMS Breakfast	Total	50														
Donut, Raised WG, Richs 461983	Donut	30	280	0	300	3.00	0.72	0.0	0	0.0	7	5.0	30.0	16.0	7.00	0.00
String Cheese	1 Piece	25	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Cereal, Trix Box %	Box	10	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
Cereal, Cinn Tst Crunch Box %	Box	10	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Yogurt, Dannon Danimals- 4 oz+	4 oz Cup	15	100	4	50	0.00	0.00	100.0	500	0.0	*N/A*	3.0	20.0	0.5	0.50	0.00
Applesauce - 4.5 oz Cup, Cmdty	4.5 oz cup	35	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.01	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	36	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	37	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average			441	13	463	3.10	2.30	391.1	778	4.51	*37	14.28	66.76	13.69	6.39	*0.00
% of Calories											*33.5%	12.9%	60.5%	27.9%	13.0%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

<b>Mon - 03/09/2020</b>																
KMS Breakfast	Total	50														
Egg, Bacon* & Cheese Crsst+	1Cr/2E/1C/1Bcn	40	360	202	795	3.00	2.16	240.0	550	0.0	*4	16.5	33.0	19.0	6.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	5	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	5	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
String Cheese	1 Piece	10	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Fruit, Assorted Chilled - 4 oz	#8 spoodl e-4oz	40	65	0	7	1.38	0.42	8.3	184	3.3	*12	0.51	16.84	0.04	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	42	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	45	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average			524	171	861	3.80	2.89	526.1	1146	5.69	*40	22.76	72.43	17.05	6.34	*0.00
% of Calories											*30.3%	17.4%	55.3%	29.3%	10.9%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Tue - 03/10/2020</b>																
KMS Breakfast	Total	50														
Egg, Ham* & Cheese Eng Mfn+	1EM/1E/1H/1Ch	30	255	113	705	3.00	1.98	220.0	250	0.0	*3	17.0	26.5	9.0	2.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	10	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	10	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
Yogurt, Dannon Danimals- 4 oz+	4 oz Cup	15	100	4	50	0.00	0.00	100.0	500	0.0	*N/A*	3.0	20.0	0.5	0.50	0.00
Applesauce - 4.5 oz Cup, Cmdty	4.5 oz cup	38	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.01	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	42	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	45	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average			411	74	659	3.16	3.04	467.8	937	4.92	*39	19.13	69.47	6.71	2.08	0.00
% of Calories											*38.1%	18.6%	67.7%	14.7%	4.6%	0.0%
Nutrient Guideline			400-550		600										<10.00	

<b>Wed - 03/11/2020</b>																
KMS Breakfast	Total	50														
Yogurt Parfait	1 Container	35	150	2	71	2.50	0.00	175.0	50	0.0	25	5.0	29.5	2.5	0.00	0.00
Cereal, Cinn Tst Crunch Box %	Box	8	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	7	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
Yogurt, Dannon Danimals- 4 oz+	4 oz Cup	14	100	4	50	0.00	0.00	100.0	500	0.0	*N/A*	3.0	20.0	0.5	0.50	0.00
Fruit, Assorted Chilled - 4 oz	#8 spoodl e-4oz	36	65	0	7	1.38	0.42	8.3	184	3.3	*12	0.51	16.84	0.04	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	41	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	46	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average			358	9	277	3.20	1.51	456.5	887	5.90	*54	12.64	73.07	2.83	0.40	0.00
% of Calories											*59.9%	14.1%	81.6%	7.1%	1.0%	0.0%
Nutrient Guideline			400-550		600										<10.00	

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<b>Thu - 03/12/2020</b>																
KMS Breakfast	Total	50														
Egg, Sausage & Cheese Crsst+	1Cst/1E/1 S/1C	32	395	118	695	3.00	2.16	220.0	450	0.0	*4	15.5	32.0	23.5	8.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	10	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	8	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
String Cheese	1 Piece	15	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Fruit, Fresh, Winter Mix	1 Piece	39	70	0	1	2.73	0.21	23.5	148	26.84	*4	0.75	18.06	0.2	0.04	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	43	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	44	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average			516	85	702	4.61	3.01	514.1	1031	24.75	*34	20.40	70.79	17.93	6.97	*0.00
% of Calories											*26.2%	15.8%	54.8%	31.2%	12.2%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

<b>Fri - 03/13/2020</b>																
KMS Breakfast	Total	50														
Donut, Raised WG, Richs 461983	Donut	30	280	0	300	3.00	0.72	0.0	0	0.0	7	5.0	30.0	16.0	7.00	0.00
String Cheese	1 Piece	25	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Cereal, Trix Box %	Box	10	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
Cereal, Cinn Tst Crunch Box %	Box	10	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Yogurt, Dannon Danimals- 4 oz+	4 oz Cup	15	100	4	50	0.00	0.00	100.0	500	0.0	*N/A*	3.0	20.0	0.5	0.50	0.00
Applesauce - 4.5 oz Cup, Cmdty	4.5 oz cup	35	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.01	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	36	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	37	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average			441	13	463	3.10	2.30	391.1	778	4.51	*37	14.28	66.76	13.69	6.39	*0.00
% of Calories											*33.5%	12.9%	60.5%	27.9%	13.0%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

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<b>Mon - 03/16/2020</b>																
KMS Breakfast	Total	50														
Egg, Bacon* & Cheese Crsst+	1Cr/2E/1C/1Bcn	40	360	202	795	3.00	2.16	240.0	550	0.0	*4	16.5	33.0	19.0	6.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	5	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	5	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
String Cheese	1 Piece	10	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Fruit, Assorted Chilled - 4 oz	#8 spoodl e-4oz	40	65	0	7	1.38	0.42	8.3	184	3.3	*12	0.51	16.84	0.04	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	42	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	45	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average % of Calories			524	171	861	3.80	2.89	526.1	1146	5.69	*40 *30.3%	22.76 17.4%	72.43 55.3%	17.05 29.3%	6.34 10.9%	*0.00 *0.0%
Nutrient Guideline			400-550		600										<10.00	

<b>Tue - 03/17/2020</b>																
KMS Breakfast	Total	50														
Egg, Ham* & Cheese Eng Mfn+	1EM/1E/1H/1Ch	30	255	113	705	3.00	1.98	220.0	250	0.0	*3	17.0	26.5	9.0	2.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	10	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	10	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
Yogurt, Dannon Danimals- 4 oz+	4 oz Cup	15	100	4	50	0.00	0.00	100.0	500	0.0	*N/A*	3.0	20.0	0.5	0.50	0.00
Applesauce - 4.5 oz Cup, Cmdty	4.5 oz cup	38	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.01	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	42	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	45	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average % of Calories			411	74	659	3.16	3.04	467.8	937	4.92	*39 *38.1%	19.13 18.6%	69.47 67.7%	6.71 14.7%	2.08 4.6%	0.00 0.0%
Nutrient Guideline			400-550		600										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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**Germantown School District**

**Mar 2, 2020 thru Mar 31, 2020**

Base Menu Spreadsheet

KMS Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 03/18/2020</b>																
KMS Breakfast	Total	50														
Yogurt Parfait	1 Container	35	150	2	71	2.50	0.00	175.0	50	0.0	25	5.0	29.5	2.5	0.00	0.00
Cereal, Cinn Tst Crunch Box %	Box	8	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	7	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
Yogurt, Dannon Danimals- 4 oz+	4 oz Cup	14	100	4	50	0.00	0.00	100.0	500	0.0	*N/A*	3.0	20.0	0.5	0.50	0.00
Fruit, Assorted Chilled - 4 oz	#8 spoodl e-4oz	36	65	0	7	1.38	0.42	8.3	184	3.3	*12	0.51	16.84	0.04	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	41	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	46	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average % of Calories			358	9	277	3.20	1.51	456.5	887	5.90	*54 *59.9%	12.64 14.1%	73.07 81.6%	2.83 7.1%	0.40 1.0%	0.00 0.0%
Nutrient Guideline			400-550		600										<10.00	

<b>Thu - 03/19/2020</b>																
KMS Breakfast	Total	50														
Egg, Sausage & Cheese Crsst+	1Cst/1E/1 S/1C	32	395	118	695	3.00	2.16	220.0	450	0.0	*4	15.5	32.0	23.5	8.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	10	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	8	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
String Cheese	1 Piece	15	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Fruit, Fresh, Winter Mix	1 Piece	39	70	0	1	2.73	0.21	23.5	148	26.84	*4	0.75	18.06	0.2	0.04	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	43	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	44	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average % of Calories			516	85	702	4.61	3.01	514.1	1031	24.75	*34 *26.2%	20.40 15.8%	70.79 54.8%	17.93 31.2%	6.97 12.2%	*0.00 *0.0%
Nutrient Guideline			400-550		600										<10.00	

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**Germantown School District**

**Mar 2, 2020 thru Mar 31, 2020**

Base Menu Spreadsheet

KMS Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/30/2020																
KMS Breakfast	Total	50														
Egg, Bacon* & Cheese Crsst+	1Cr/2E/1C/1Bcn	40	360	202	795	3.00	2.16	240.0	550	0.0	*4	16.5	33.0	19.0	6.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	5	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	5	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
String Cheese	1 Piece	10	86	15	150	0.00	0.07	207.2	147	0.0	*N/A*	7.36	1.09	5.68	3.59	*N/A*
Fruit, Assorted Chilled - 4 oz	#8 spoodl e-4oz	40	65	0	7	1.38	0.42	8.3	184	3.3	*12	0.51	16.84	0.04	0.00	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	42	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	45	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average			524	171	861	3.80	2.89	526.1	1146	5.69	*40	22.76	72.43	17.05	6.34	*0.00
% of Calories											*30.3%	17.4%	55.3%	29.3%	10.9%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

Tue - 03/31/2020																
KMS Breakfast	Total	50														
Egg, Ham* & Cheese Eng Mfn+	1EM/1E/1H/1Ch	30	255	113	705	3.00	1.98	220.0	250	0.0	*3	17.0	26.5	9.0	2.75	0.00
Cereal, Cinn Tst Crunch Box %	Box	10	110	0	160	2.00	3.60	80.0	400	4.8	8	1.0	22.0	3.0	0.50	0.00
Cereal, Trix Box %	Box	10	110	0	140	1.00	4.50	80.0	400	4.8	7	1.0	24.0	1.0	0.00	0.00
Yogurt, Dannon Danimals- 4 oz+	4 oz Cup	15	100	4	50	0.00	0.00	100.0	500	0.0	*N/A*	3.0	20.0	0.5	0.50	0.00
Applesauce - 4.5 oz Cup, Cmdty	4.5 oz cup	38	51	0	2	1.00	0.30	5.0	35	1.2	12	0.2	14.0	0.1	0.01	0.00
Juice, Cup, Assorted \$	1 - 4 oz Cu	42	60	0	13	0.00	0.00	0.0	0	1.2	13	0.33	14.0	0.0	0.00	0.00
Milk, SKIP - AVG - PF%	8 oz Carton	45	105	6	165	0.00	0.00	300.0	500	1.2	16	8.0	17.75	0.31	0.19	0.00
Weighted Daily Average			411	74	659	3.16	3.04	467.8	937	4.92	*39	19.13	69.47	6.71	2.08	0.00
% of Calories											*38.1%	18.6%	67.7%	14.7%	4.6%	0.0%
Nutrient Guideline			400-550		600										<10.00	

Weighted Average			453	81	621	3.59	2.62	479.3	978	8.96	*41	18.45	70.79	11.54	4.28	*0.00
											*81.0%	16.3%	62.5%	22.9%	8.5%	*0.0%

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**Germantown School District**

**Mar 2, 2020 thru Mar 31, 2020**

Base Menu Spreadsheet

KMS Breakfast

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	453		400 - 550	100%													
Cholesterol (mg)	81																
Sodium 1 (mg)	621		600						21	Correction Required - Sodium too High							
Sodium 2 (mg)	621		535						86	Correction Required - Sodium too High							
Fiber (g)	3.59																
Iron (mg)	2.62																
Calcium (mg)	479.3																
Vitamin A (IU)	978																
Sugars (g)	41	35.98%				Missing											
Vitamin C (mg)	8.96																
Protein (g)	18.45	16.30%															
Carbohydrate (g)	70.79	62.54%															
Total Fat (g)	11.54	22.94%															
Saturated Fat (g)	4.28	8.52%	<10.00%														
Trans Fat <sup>1</sup> (g)	0.00	0.00%				Missing											

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